

Expressive Arts at Northwest Passage

Providing opportunities for our youth to see themselves In a New Light



Northwest Passage programs strive to embrace the creative natures of our clients and help them see themselves and their treatment opportunities **In a New Light**. This expressive arts program takes many forms... from drama and woodworking at Passage I, to nature photography at its finest at Passage II, and drum or piano composition and practice at Passage III. When a child is placed at Northwest Passage, they are provided with creative tools and treatment options to enhance the prospect for their success. Opportunities to showcase their sometimes newfound talents and creative interests are blended in to their treatment. Upon completion of the program, our aftercare workers help coordinate opportunities for the youth to continue to nurture these creative pursuits once they leave Passage.

"What I like about photography, is that it tells a story. It shows emotions like no other. It lets me be me."

~Chuck, age 16, Passage II Client



"It just feels amazing to have that drive, that light, glowing inside me now." ~Tawnee, age 16, Passage III Client

WHY EXPRESSIVE ARTS

Northwest Passage is dedicated to empowering youth through creativity. We use music, art, writing, and performing arts for the development and creative expression of the youth we serve. Through our In a New Light expressive arts programming, the youth are able to embrace the opportunity to harness their natural tendencies to take risks while expressing themselves in a positive and uplifting manner. As Dr. Himanshu Agrawal, the full-time child psychiatrist who works at Northwest Passage states, "The In a New Light project makes sense for reasons that are both scientific and intuitive. The introspective process of getting to know oneself through participation in expressive arts could be as sacred and important as any other process of self-reflection, be it meditation or psychoanalysis."

"I found I could say things with color and shapes that I couldn't say any other way – things I had no words for." ~Georgia O'Keefe